

Sex and Relationship Education

At the heart of the Catholic faith is love. This means that we link every aspect of our being, from birth to death, with love. Love starts to enter our life at the moment of birth and develops through our relationships.

As a parent, you are the key person in educating your child/ren in their social interactions with others. In primary school, your child's class teacher has a vital role to play too. We believe home and school should work in partnership and our SRE programme is designed to complement your role as educator for your child.

School has a responsibility to ensure that the information given to pupils is received in the context of the teachings of the Catholic Church and therefore based on sound moral principles. We must be ready to accompany the children on their journey to adulthood, modelling for them and enabling them to become capable of whole and wholesome relationships. The whole of childhood is the gradual independence in which children learn to live effective lives. They learn how to:

- identify, acknowledge and manage a range of feelings.
- live and work with others.

- make appropriate decisions and take responsibility for the decisions they have made.

The Catholic Church has always emphasised that its aim is the education of the whole person. At our school, we believe we should help pupils to make right judgments and take the right actions in the many varied situations they might find themselves.

This leaflet gives you a brief overview of Sex and Relationship Education in our school – SRE. Aspects of SRE are taught as an integral part of the RE curriculum and PSHE (Personal, Social and Health Education & Citizenship). A number of aspects are taken from the Science curriculum which is statutory.

Your rights as a parent:

- To be informed about the content of SRE in school. and the resources that we use in lessons.
- To talk to your child/ren about aspects of SRE.
- To know you have the right to withdraw your child from some SRE lessons but not from statutory science lessons.



YEAR 3

How we live in love.

Learning

Children describe and give reasons for how we grow in caring and happy friendships where we are secure and safe.

Physical

What things trigger disagreements between friends and within friendship groups?

What might be the best way to resolve conflict in friendships?

Social and Emotional

How do friendships make us feel happy and secure?

How would you respond to an adult you do not know who makes you feel uncomfortable or unsafe?

How can friendships change?

Spiritual

How does the gift of the Sacrament of Reconciliation help restore friendship with God and others?

KEYWORDS USED IN YEAR 3

Loyalty
Trust
Listening
Understanding
Forgiving
Reliability
Supportiveness
Personal space
Being alone
Lonely
Community
Diverse
Trust
Selfless
Guardian



PAUSE & REFLECT

A thought from Pope Francis: "God treats us as his children, he forgives us, embraces us, loves us even when we make mistakes."

PRAYER

Bless our friends and help me to be a better friend.

Amen



**St William of York
Catholic Primary School**



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A Guide for Parents

YEAR 3