

Sex and Relationship Education

At the heart of the Catholic faith is love. This means that we link every aspect of our being, from birth to death, with love. Love starts to enter our life at the moment of birth and develops through our relationships.

As a parent, you are the key person in educating your child/ren in their social interactions with others. In primary school, your child's class teacher has a vital role to play too. We believe home and school should work in partnership and our SRE programme is designed to complement your role as educator for your child.

School has a responsibility to ensure that the information given to pupils is received in the context of the teachings of the Catholic Church and therefore based on sound moral principles. We must be ready to accompany the children on their journey to adulthood, modelling for them and enabling them to become capable of whole and wholesome relationships. The whole of childhood is the gradual independence in which children learn to live effective lives. They learn how to:

- identify, acknowledge and manage a range of feelings.
- live and work with others.

- make appropriate decisions and take responsibility for the decisions they have made.

The Catholic Church has always emphasised that its aim is the education of the whole person. At our school, we believe we should help pupils to make right judgments and take the right actions in the many varied situations they might find themselves.

This leaflet gives you a brief overview of Sex and Relationship Education in our school – SRE. Aspects of SRE are taught as an integral part of the RE curriculum and PSHE (Personal, Social and Health Education & Citizenship). A number of aspects are taken from the Science curriculum which is statutory.

Your rights as a parent:

- To be informed about the content of SRE in school and view the resources that we use in our SRE lessons.
- To talk to your child/ren about aspects of SRE.
- To know you have the right to withdraw your child from some SRE lessons but not from statutory science lessons.



YEAR 4

God loves us in our differences

Learning

Children know and understand that they are all different and celebrate these differences as they appreciate that God's love accepts us as we are and as we change.

Physical

How can we challenge the stereotypes that encourage bullying of all kinds?

Is it the right things to pressurise someone into doing something they would not be comfortable doing?

Social and Emotional

In what ways is being polite and courteous helping to make a better world we live in?

How would you ensure that you have a part to play in keeping yourself and others in your family and community safe?

Spiritual

What are our special qualities, gifts and talents?

KEYWORDS USED IN YEAR 4

God/ gifts
Talents
Difference
Development
Change
Acceptance
Sensitivity
Uniqueness
Dignity
Innate



PAUSE AND REFLECT

We recognise that every person is a gift from God and give thanks for our God-given uniqueness.

PRAYER

O Lord,

I praise and thank you for the wonder of my being,

For all my gifts and talents.

I praise and thank you for the gifts and talents of all in my class and school.

Amen

St William of York Catholic Primary School



Sex & Relationship Education

A Guide for Parents