

Sex and Relationship Education

At the heart of the Catholic faith is love. This means that we link every aspect of our being, from birth to death, with love. Love starts to enter our life at the moment of birth and develops through our relationships.

As a parent, you are the key person in educating your child/ren in their social interactions with others. In primary school, your child's class teacher has a vital role to play too. We believe home and school should work in partnership and our SRE programme is designed to complement your role as educator for your child.

School has a responsibility to ensure that the information given to pupils is received in the context of the teachings of the Catholic Church and therefore based on sound moral principles. We must be ready to accompany the children on their journey to adulthood, modelling for them and enabling them to become capable of whole and wholesome relationships. The whole of childhood is the gradual independence in which children learn to live effective lives. They learn how to:

- identify, acknowledge and manage a range of feelings.
- live and work with others.

- make appropriate decisions and take responsibility for the decisions they have made.

The Catholic Church has always emphasised that its aim is the education of the whole person. At our school, we believe we should help pupils to make right judgments and take the right actions in the many varied situations they might find themselves.

This leaflet gives you a brief overview of sex and relationship education in our school – SRE. Aspects of SRE are taught as an integral part of the RE curriculum and PSHE (Personal, Social and Health Education). A number of aspects are taken from the Science curriculum which is statutory.

Your rights as a parent:

- To be informed about the content of SRE in school and the resources that we use in lessons.
- To talk to your child/ren about aspects of SRE.
- To know you have the right to withdraw your child from some SRE lessons but not from statutory science lessons.



YEAR 1

We meet God's love in our family.

Learning

Children know that families provide us with a loving, secure and stable home in which to grow.

Physical

What are the parts of our body? Can we use the correct vocabulary?

How does your family help you to keep healthy?
(This includes physical, mental and spiritual health. It also includes how to prevent the spread of diseases)

Social and Emotional

How is love shown in our families?

Why are the words 'please', 'thank you' and 'sorry' important to create a happy family?

Why is teasing and bullying wrong and unacceptable within families and friendships?

Spiritual

How do we know that we are loved and cared for by God?

How have we shown love to our families this year?

KEYWORDS USED IN YEAR 1

God
Unique
Friend
Respect
Secure
Commitment
Healthy
Boundaries
Important
Different
Special
Family
Love
Head
Eyes
Nose
Mouth
Breasts
Nipple
Penis
Vagina
Bottom
Ankles
Feet



PAUSE AND REFLECT

Welcome Jesus into our school family

"Jesus the Light of the World"

PRAYER

From my head to my heart,

From my shoulder to my shoulder,

I believe in you my God, my Father.

Amen

St William of York Catholic



Primary School



A Guide for Parents

YEAR 1

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