

Summer support for everyone – not just our tenants

The summer holidays are fast approaching, and as the kids revel in their freedom, some parents might be worried about getting through the next six weeks; but we're here if you need us.

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Help with money and/or food:

We can check if you're entitled to any extra income, look at debts, support you with applications for benefits, access emergency financial support, and more. If you're a Bolton at Home tenant, you can access our free Money Advice service using **01204 328000** or by visiting: www.boltonathome.org.uk/money-advice-team.



If you aren't a tenant, you can still access free money advice from Bolton's Money Skills Service on **01204 332916** or at www.boltonsmoneyskills.org.uk.

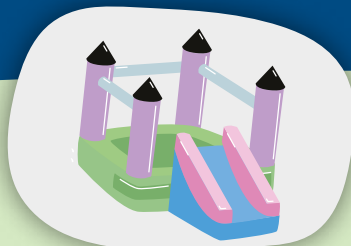
Working with Urban Outreach, we also run food pantries in Bolton. For a low weekly cost, you'll get five shopping bags of food (typically worth over £30). Eligibility criteria apply, but we'll do what we can to help. Just visit www.boltonathome.org.uk/food-support for details.



There are lots of fun things you can do with the kids for free:

You could explore one of Bolton's country parks – try Jumbles, Moss Bank, or Moses Gate, build a den in the house or garden, hold a movie night with homemade cinema tickets and posters, and/or make pizzas – buy a base (50-75p each) and decorate with your favourite toppings.

We and our partners have also planned free activities for you and the kids to enjoy during the holidays. See them at: www.boltonathome.org.uk/cost-of-living.



Bolton
at **Home**

Remember: for a full list of ways we can help with rising living costs, scan the QR code below or visit www.boltonathome.org.uk/cost-of-living.

