

Year 3 – Cricket/Rounders

Pupils should know:

- Basic throwing technique when static and when moving

Pupils should know:

- Body shape and stance to prepare for catching the ball
- Basic catching technique

Pupils should know:

- Basic under-arm rolling technique
- How to stop the ball; long-barrier

Pupils should know:

- Basic underarm and overarm bowling technique

Pupils should be taught

- How to hold a cricket bat and batting stance
- Basic batting shots including; straight drive

Pupils should know:

- How to combine skills to run, gather and throw/roll

Pupils should experience

- Variety of conditioned small sided games

**CRICKET/ROUNDERS
VOCABULARY**

Bowling

Wickets

Underarm

Stumps

Hand-eye co-ordination

Precision

High catch

Timing

Over arm

Batting

Backlift

