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24th April 2025

Dear Parents and Carers,

RE: Relationships, Sex and Health Education Policy Parent Consultation

At St Williams, we aim to promote personal wellbeing and development through the teaching of a comprehensive programme of Personal, Social, Health and Economic (PSHE) education. This gives our children the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

As you may already be aware, from September 2020 the Department for Education announced changes to Relationships, Sex and Health Education (RSE) following nationwide consultation. All schools are required to comply with the updated requirements.

The 'relationships' aspect of RSE is statutory and all elements of this has to be taught in school. Primarily this focuses on children determining what makes a healthy relationship and how they can keep themselves safe in the modern world. It also strives to provide all children with the language and vocabulary to keep themselves safe. Topics relating to physical and mental health, wellbeing, and safeguarding are also included in the 'relationships' aspect of RSE.

Schools are required to consult with parents when developing and reviewing their policies for Relationships and Sex Education. Please visit our website to view our RSE policy as well as a summary of the curriculum content per year group. This can be viewed by following the QR code below.

The resources we use to deliver these lessons are all age-appropriate and are tailored to the age and physical and emotional maturity of our pupils. They will be delivered primarily through chosen resources from our Catholic scheme of work 'Journey in Love' alongside some resources provided by the NHS for our older children (in Years 5 and 6). We invite practitioners from the 'Healthy Families' team to deliver content to our eldest pupils. You are welcome to come in to school to look at the resources we use to support the children's learning in RSE on Thursday 24th April at 3:20pm. We always welcome feedback on what we do here in school and are giving parents the opportunity to discuss and give feedback before 8th May 2025.

We are confident you will share our enthusiasm for the successful implementation of the PSHE curriculum, which we feel meets the needs of our pupils and families.

Yours sincerely,

Annabelle Ashworth
PSHE Lead

