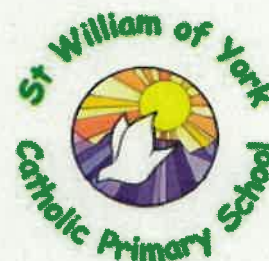


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Thursday 16th May

RE: WALK TO SCHOOL WEEK

Dear Parents & Carers,

Next week (19th-23rd May) is National 'walk to school week'. We are encouraging all children to take active journeys to school as much as possible throughout the week. Walking, cycling and scooting all count as an active journey. We will be talking to the children about why being active is so important, and how it helps both our physical and mental health and how reducing the number of cars on the road for the 'school run' can help our environment and create safer roads.

All children will receive an activity booklet to complete during the week, they will also receive a sticker for every day that they travel actively to school, and a certificate at the end of the week. We will be having a competition within school to see which year group have the most active journeys throughout the week, with the winning year group receiving a prize.

If your journey to school is too far to walk there are some ways in which your child could still take part; Perhaps you could park the car further away from school and walk the rest of the way, this will still count as walking to school. Or maybe you could drop your child off at a friend's house that lives closer to school, and they could walk together.

If your child would like to cycle or scoot to school, we can provide a safe space to leave their bikes and scooters until home time.

We hope you will join us next week in our mission to have as many active journeys as possible and really make a difference to our health, our community and our planet.

Kind regards,

Miss Baxter

(PE and Sports Co-ordinator)

